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## **Office Safety Precautions in Effect During Covid-19 Public Health Crisis**

My office is taking the following precautions to protect our patients and help slow the spread of the coronavirus:

Only one person allowed to sit in the waiting area at any given time.  
Appropriate social distancing of at least 6 feet in the immediate building corridor.

My patients and I wear masks.

My staff maintains safe distancing.

Restroom soap dispensers are maintained and everyone is encouraged to wash their hands.

Hand sanitizer that contains at least 60% alcohol is available in the waiting area and therapy room.

We schedule appointments at specific intervals to minimize the number of people in the waiting room.

We ask all patients to wait in their cars or outside the building until no earlier than 5 minutes before their appointment times.

EMDR Therapy tactile pulsers, headphones, pens, and other areas that are commonly touched are thoroughly sanitized after each use.

Physical contact is not permitted.

Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.

Common areas are thoroughly disinfected at the end of each day.